



YOUTH AND FAMILY SERVICES PROGRAMS AND SERVICES FOR THE COMMUNITY FALL 2016

The workshops and services are free or at a nominal fee to the residents of Warren Township. For more information or to register, please call us at 847-244-1101 ext.*401 or register online at www.wtyouthservices.com. Childcare is available for some programs—must be requested when registering for the program.

PARENTING AND PROFESSIONAL WORKSHOPS

PROFESSIONAL WORKSHOPS

Free daytime workshops for professionals and interested community members.
Nov 11 **Creating a Community of Care and Pride: Providing Affirming Services for LGBTQ Youth** (9-noon) ¹
Dec 1 **Paper Tigers—Screening and Discussion on Trauma Informed Schools** (6:00-8:30 pm) ²
Location: 1. Youth Services, 100 S. Greenleaf St., Gurnee 2. See screening information below
Fee: Free presentation—\$5.00 charge for CE credits for social workers/counselors can be paid at the door.

Presented by the creator of 1-2-3 Magic!

TANTRUMS? What to Think, What to Do

Of all the behavioral problems parents face from their children, temper tantrums may be the most upsetting and the hardest to manage. In this workshop, you will learn the 3 main causes and 2 goals of tantrums, along with practical strategies to prevent and manage the behavior. Dr. Thomas Phelan is a renowned author and entertaining speaker who always receives great reviews from parents in Warren Township.

Day: Th **Date:** Oct 13 **Time:** 6:30-8 pm **Fee:** None **Childcare:** 0-12
Location: Viking Park Dance Hall, 4374 Old Grand Ave, Gurnee
Cosponsored by Gurnee Park District



FROM USE TO ABUSE: Understanding Trends in Teen Use of Opiates and Prescription Drugs

Whether it's a rock star or a neighbors kid, we read almost daily about tragedies related to opiates and prescription drugs. Presented by the Executive Director of LEAD, Andy Duran, this workshop will provide education on local drug trends, why Rx and opiates are so harmful, how to safeguard your home and how to engage teens in conversation. In addition, the "Hidden In Plain Sight" interactive exhibit allows parents to explore a mock teenager's bedroom and learn about what they should look for. This workshop is great for parents, educators, law enforcement or anyone who cares about our youth.

Day: Th **Date:** Oct 27 **Time:** 10-11:30 am/6:30-8 pm **Fee:** None
Location: Warren-Newport Public Library, 224 N. O' Plaine Rd., Gurnee
Sponsored by Healthy Communities/Healthy Youth



UNPLUGGED: The Impact of Electronics on Youth

Technology has become an integral part of our everyday lives. The term "technology overuse" is used to describe children who use various forms of technology to their detriment. Dr. Melissa Westendorf, co-author of the book *Unplug: Raising Kids in a Technology Addicted World*, will discuss the challenges of raising kids in a technology addicted world, and offer tangible tips and tools.

Day: Wed **Date:** Nov 9 **Time:** 7-8:30 pm **Fee:** None
Location: Warren-Newport Public Library, 224 N. O' Plaine Rd., Gurnee
Cosponsored by Warren-Newport Public Library



PAPER TIGERS: Screening and Discussion on Trauma Informed Schools

Paper Tigers documents a school's journey in becoming trauma-informed and breaking the cycle of poverty, violence and dysfunction that affects families. Please join us for the movie screening, followed by a panel discussion regarding trauma-sensitive discipline and care in our school systems and potentially other institutions. The panel will include both providers of trauma services and researchers from One Hope United, Lake County Health Department, Northwestern and Zion Schools. CE and CPDU credits offered.

Day: Th **Date:** Dec 1 **Time:** 6-8:30 pm **Fee:** None **Childcare:** 2-12
Location: Town Hall, 17801 W. Washington St., Gurnee
Cosponsored by One Hope United

REGISTRATION REQUIRED. Childcare must be requested at the time of registration. All workshops are open to the general public (residents and non-residents) at no charge.

FINANCIAL AND LEGAL CONSULTATION

CONSUMER CREDIT COUNSELING SERVICES (CCCS)

Certified Consumer Credit Counselor can help you with Debt Management, Housing Counseling, Mortgage Default/Pre-Foreclosure Counseling, Bankruptcy Education and more. Services are provided at Youth Services by Consumer Credit Counseling Services.
For additional information or to schedule call 815-338-5757

LUNCH WITH A LAWYER

Free legal consultation. Must be a Warren Township resident.
Dates: Oct 5, Nov 30 **Time:** 20 minute sessions **Schedule:** 847-244-1101 ext. *401



SERVICIOS DE FAMILIA

CONSEJERÍA PARA FAMILIAS

Nuestros servicios de consejería breve atienden a los jóvenes y sus familias del Municipio de Warren con niños en edad escolar a partir de Kinder hasta el grado escolar 12. La primera sesión es gratuita; las siguientes sesiones tendrán un costo de \$10.00 (Podrá pagar menos dependiendo de su salario o basado en la necesidad). Servicios en Español: 847-244-1101 ext. *404

GRUPO PARA PADRES DE FAMILIA

Este grupo es gratuito y los padres son bienvenidos a participar en cualquier momento.
Jueves de 7:00 a 8:30pm — En "Teen Center," 333 Teske Blvd., Park City, IL
Para mayor información llame al : 847-263-8324

WARREN TOWNSHIP YOUTH & FAMILY SERVICES

100 S. Greenleaf St.
Gurnee, IL 60031
847-244-1101 Ext. *401
www.wtyouthservices.com

Eligibility for Services

All services are open to Warren Township residents and located at Warren Township Youth and Family Services (WTYS), unless indicated otherwise. No resident will be refused vital services because of inability to pay, please call for scholarship information if needed. Non-Residents (NR) are welcome to register for most programs at the NR rate.



COUNSELING SERVICES

Youth Services provides short-term counseling to Warren Township families with children birth—18. Young adults ages 18-21 may be eligible depending on presenting problems. The first session is free and \$10.00 for any scheduled sessions that follow (sliding scale is available based on need).

Services are provided Monday -Thursday and Saturday.
Phone Intake Required: 847-244-1101 ext. *401

Crisis Helpline: Text-A-Tip — Text LAKECO and your brief message to 274637

MENTOR PROGRAM

Warren Township will begin a new on-site mentoring program beginning in the fall/winter of 2016. The mentoring program, facilitated by Big Brothers Big Sisters, will take place 2 times per month from 6-7:30 pm at the Gurnee Teen Center (Day TBA).



Mentors Needed: Just 3 hours a month can change the course of a child's life. Must be at least 18, willing to complete a background check and able to commit for a year.

Youth: Open to youth in grades 5-7 who live in Warren Township.

For more information, go to www.wtyouthservices.com or contact Katie O'Brien at (312) 207-5643.



PARENTING & ADULT GROUPS

PARENTING THE ANXIOUS CHILD— How to better understand and help your child

This 3-week group provides parents a better understanding of what anxiety is and how it uniquely impacts children, role of attachment, practical strategies for parenting and tips that can help their children. Parents are encouraged to openly discuss their challenges and try new strategies at home. This group is open to parents of children formally diagnosed with anxiety or whose worrying impacts their life. This group is presented by child and family therapist Alison Koehler, LCPC.

Day: Th **Date:** 9/29–10/13 **Time:** 7-8:30 pm **Weeks:** 3 **Childcare:** 2-12 **Fee+:**\$15R/\$45 NR

PARENTING THE ADHD CHILD— A positive approach to understanding your ADHD child

This 4-week program presents information about ADHD, embracing its strengths, common challenges and useful approaches to parenting. Parents will be encouraged to openly discuss their challenges and try new strategies in the home. Facilitated by Lisa Alexoff, MS, LPC, NCC.

Day: Th **Date:** 10/20–11/17 **Time:** 7-8:30 pm **Weeks:** 4 **Childcare:** 2-12 **Fee+:**\$15R/\$55 NR

FAMILY INTERVENTION CONSULTATION— Helping families impacted by substance issues

This free consultation is designed to provide parents with practical information about child, adolescent or partners substance abuse. Barb Adams will address any issues or concerns related to signs and symptoms of substance abuse, strategies for talking to your teen/partner, referrals and related issues. Township residents only. The service is facilitated by Barb Adams, MA, CADC, who can be contacted at 847-244-1101 ext. *408.

REGISTRATION REQUIRED. +The fee allows a spouse or co-parent to attend the parenting group for the listed dates. Need-based scholarships available. All groups are held at 100 S. Greenleaf St., Gurnee. No classes the week of November 21-25.

YOUTH WORKSHOPS & GROUPS

FRIENDSHIP GROUP— Social skills for youth

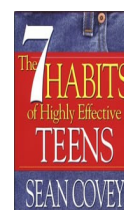
This popular group addresses the needs of children who wish to improve and develop their skills at making friends and communicating. In a fun and interactive environment, the children develop such skills as listening, conversing, compliments and introductions. This group is ideal for children who struggle with making friends or maintaining those relationships. Pre-interview may be requested.

Grades: 3-5 **Day:** M **Starts:** 10/17-open **Time:** 6-7 **Fee** (paid per 8 weeks): \$15R/\$80 NR
Grades: 6-8 **Day:** M **Dates:** 10/17-12/12 **Time:** 7-8 **Weeks:** 8 **Fee:** \$15R/\$80 NR

7 HABITS OF HIGHLY EFFECTIVE TEENS— Skills for a lifetime of achievement

In a fun and interactive program, youth will be introduced to and challenged by the 7 Habits (Covey). This group is great for kids who are highly motivated or those with unlocked potential. The Certificate looks great on college/job applications.

Group meets at Gurnee Teen Center, 17801 W. Washington St., Gurnee.
Grades: 6-8 **Day:** T **Date:** 10/25-11/1 **Time:** 6-8 pm **Weeks:** 2 **Fee:** \$15/\$35 NR



PRIDE YOUTH PROGRAM— For LGBT youth

Professional staff and volunteers from Angles, formerly North Shore Youth Health Services, facilitate an open support group at Youth Services. This is a support group, not therapy.

For info— www.angles.org
Grades: 9-12 **Day:** T **Time:** 6:30-8 pm **Weeks:** Open ended **Fee:** None

REGISTRATION REQUIRED. Need-based scholarships available for Township residents—847-244-1101 ext. *401. Some groups require a pre-interview. All Groups and Workshops (besides 7 Habits) are located at 100 S. Greenleaf St., Gurnee. No classes the week of Nov. 21-25.

TEEN CENTERS

The Teen Centers provide a drop-in program for youth in grades 6-12. Open Monday—Friday.
Call or visit the website for more information

GURNEE TEEN CENTER
847-244-1101 ext. *459

WarrenTeens.com

PARK CITY TEEN CENTER
847-596-2289

SAFE SITTER® BABYSITTING CLASSES AVAILABLE
Dates and Additional Info on Other Side

FNA Info and Registration

Parent supervised, great social experience and way better than playing video games

Dancing, Pizza, Dodgeball, Karaoke and more
Open to all Township students in grades 6-8
www.wtyouthservices.com/fna-events



Dodgeball at the FNA

DIRECTIONS

The newsletter for parents and youth in Warren Township
Fall 2016

Youth and Family Services

100 S. Greenleaf Street
Gurnee, Illinois 60031

Phone: 847-244-1101 Ext. *401 / Fax: 847-244-0867

Township Website:

www.warrentownship.net

Youth Services Website:

www.wtyouthservices.com

Township Officials

Suzanne D. Simpson, Township Supervisor

George Iler, Clerk

Donna L. Radke, Trustee

Ken Echtenacher, Jr., Trustee

Bill Gill, Trustee

Mike Semmerling, Trustee

Youth and Family Services Administration

Adam Krieger, Exec. Director of Youth Services

Joe Doyle, Teen Center Director

Christie Smuda, Teen Center Director



Friday Night Alternative

Dancing, Dodgeball, Pool Parties

Township Youth Grades 6-8



Mentoring Program
Learn more about our NEW program

Safe Sitter® Glasses

Babysitter Training for youth ages 11-14

Gurnee and Park City Teen Centers

Information and Programs inside

Servicios en Español — ver adentro

Presorted std.
US POSTAGE PAID
GURNEE, IL
permit No. 1538

Teen Centers

Joe Doyle, APPR, Gurnee
Christie Smuda, Park City

Gurnee Teen Center

17801 W. Washington Street
Gurnee, IL 60031
Phone: 847-244-1101 ext. *459

Park City Teen Center

333 Teske Blvd.
Park City, IL 60085
Phone: 847-596-2289

At Both Teen Centers

School-Year Hours

Gurnee Teen Center

Monday – Thursday: 2 – 7 PM

Friday: 2 – 5 PM

Park City

Monday – Thursday: 2 – 7 PM

Friday: 2 – 6 PM



Members receiving homework help

Homework Help

Staff and volunteers are available to help with homework.

Safe Sitter Babysitting Classes

Safe Sitter is a medically informed, hands-on class that teaches boys and girls how to handle emergencies while babysitting. Ages 11-14.

Fee: \$30 Members/ \$40 Resident/\$60 NR

Call 847-244-1101 x*451 for info/registration.

Upcoming Class date: October 10th.



Arts & Crafts, etc...

The Teen Center Arts & Crafts Club meets routinely. First come/ first served.

Pizza and Movie Nights

Join your friends on a Friday night for pizza and a movie.

Pool Club

Teen Center members learn 8-ball, 9-ball, how to put a spin on the ball and other techniques.

Cooking Club

Teens learn how to prepare healthy, simple foods in the Cooking Club.

Youth Groups—Promoting Healthy Lifestyles

Groups are designed to educate and encourage youth to make decisions that promote healthy lifestyles.



*Wi-Fi access for homework

WarrenTeens.com

Teen Center Mission

To support local youth by providing them with a safe and supervised social environment that promotes skills for a healthy lifestyle. The Teen Center has a “drop in” atmosphere that allows kids to attend when they want and freely choose their activities.

Eligibility

Youth in grades 6-12, must be Warren Township residents. Parents and youth are welcome to visit and complete an application. Nominal fee—check with respective Teen Center. Scholarships are available.

Park City Teen Center

Teen Volunteer Program

Teens and staff work together to develop new opportunities for youth to actively contribute to the community, such as *Reading in the Park*.

HAUNTED CARNIVAL 2016

Our carnival will be held on October 22nd from 7-10pm. We want to make this year an even bigger success with more games and activities! We hope to see you all there.



Gurnee Teen Center

Creations Café — Open Mic Nights

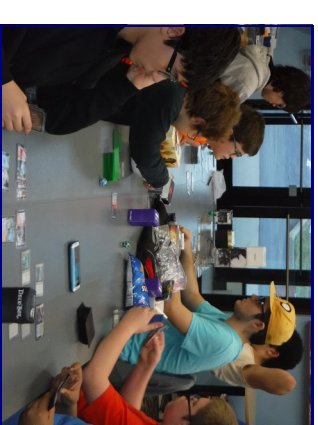
Come watch Warren Township's most talented students perform music, poetry, comedy, improv and more. WTHS students only. For dates, go to warrenteens.com

Digital Media Club

The group meets twice a month. Members will explore the wide world of digital art. Topics will include digital painting, 3D modeling and 3D animation. Learn how to navigate some of the

Wednesday Night Duels

Come join us for a fun night of table top gaming. Battle your friends in head to head format at the teen center in Gurnee. Games include: Hearthstone, Magic the Gathering, Smash Brothers and more. We meet every Wednesday at the Gurnee teen center



Wednesday Night Duels



become friend of
warrentownship

The Teen Centers provide a safe, supervised place for kids to hang-out after school